

Almond Milk Cocoa Protein Shake

submitted by madelynfrazier



Per serving: 241 Calories • 27.6g Carbs (4.9g Fiber) • 3.1g Fat • 26g Protein

Ingredients

Ingredients scaled to: 2 shake

- 2 cup **Almond milk** (480 grams)
- 2 tbsp **Cocoa** (10.8 grams)
- 2 tbsp **Sugar** (25.2 grams)
- 2 scoop **Rice protein** (60 grams)

Directions

Directions are based on the original recipe of 1 shake

1. Put ingredients and handful of ice into blender. Great for after-dinner sugar and chocolate cravings!