

## Arugula Salad

submitted by attallm



Per serving: 61 Calories • 4g Carbs (1.1g Fiber) • 4.7g Fat • 1.1g Protein

### Ingredients

*Ingredients scaled to: 2 serving*

1 medium whole (2-3/5" dia) **Tomatoes** (123 grams)

2 tsp **Balsamic vinegar** (10.6 grams)

2 cup **Arugula** (40 grams)

2/3 tbsp **Olive oil** (9 grams)

### Directions

*Directions are based on the original recipe of 1 serving*

1. Cube tomatoes and chop arugula roughly.
2. Combine all ingredients and toss to coat.