

## Avocado salad

submitted by companypax



Per serving: 344 Calories • 22.8g Carbs (15.2g Fiber) • 29.7g Fat • 5g Protein

## Ingredients

*Ingredients scaled to: 1 bowl*

1 fruit **Avocados** (201 grams)

1 dash **Pepper** (0.10 grams)

1 dash **Salt** (0.40 grams)

1/2 fruit (2-1/8" dia) **Lemons** (29 grams)

1/2 cup cherry tomatoes **Cherry tomatoes** (74.5 grams)

## Directions

*Directions are based on the original recipe of 1 bowl*

1. Dice avocado. Squeeze half of lemon over top. Add ground salt and pepper. Dice tomatoes into halves and add.