

## Bacon and Cheddar Grilled Cheese

submitted by monkey



Per serving: 411 Calories • 25.2g Carbs (2g Fiber) • 25.3g Fat • 20.3g Protein

### Ingredients

*Ingredients scaled to: 1 serving*

- 2 slice **Wheat bread** (50 grams)
- 1 strip **Bacon** (12 grams)
- 2 slice (1 oz) **Cheddar cheese** (56 grams)

### Directions

*Directions are based on the original recipe of 1 serving*

1. Cook bacon until crisp; remove from pan and reserve fat.
2. Top 1 slice of bread with a slice of the cheese and the bacon. Top with remaining slice of cheese and remaining slice of bread.
3. Heat reserved fat over medium heat and add sandwich to the pan. Cook for about 5 minutes per side (or until golden brown). Serve and enjoy!