

Baked Spinach Chips

submitted by cwarnke



Per serving: 147 Calories • 4.4g Carbs (2.6g Fiber) • 14g Fat • 3.4g Protein

Ingredients

Ingredients scaled to: 1 serving

4 cup **Spinach** (120 grams)

1 dash **Salt** (0.40 grams)

1 tbsp **Olive oil** (13.5 grams)

Directions

Directions are based on the original recipe of 1 serving

1. Preheat oven to 350 degrees F. Mix all ingredients together in a bowl, until spinach is evenly coated.
2. Spread spinach on a baking sheet in a single, even layer.
3. Bake for 15 minutes or until edges of spinach start to brown. Let cool and enjoy!