

Balsamic Green Beans

submitted by KatMack



Per serving: 41 Calories • 2.4g Carbs (0.7g Fiber) • 3.4g Fat • 0.5g Protein

Ingredients

Ingredients scaled to: 4 serving

1 tbsp **Olive oil** (13.5 grams)

1 tbsp **Balsamic vinegar** (16 grams)

1 cup 1/2" pieces **Green beans** (100 grams)

Directions

Directions are based on the original recipe of 4 servings

1. Heat oil in frying pan over medium-high heat.
2. Add green beans and keep moving around in pan until they get some color (approx 3-5 minutes). Add balsamic vinegar and toss to coat.
3. Remove from heat and cover for a few minutes to let flavours develop. Serve.