

Banana Pancakes

submitted by jnuma



Per serving: 378 Calories • 44.3g Carbs (6.4g Fiber) • 17g Fat • 16g Protein

Ingredients

Ingredients scaled to: 4 serving

- 4 extra large **Egg** (224 grams)
- 2 medium (7" to 7-7/8" long) **Banana** (236 grams)
- 1 tbsp **Cinnamon** (7.8 grams)
- 1 tbsp **Butter** (14.2 grams)
- 3/4 cup, sliced **Strawberries** (125 grams)
- 1 tbsp **Honey** (21 grams)

Directions

Directions are based on the original recipe of 4 servings

1. Mix eggs, banana, and cinnamon until well combined.
2. Heat a sauté pan over medium heat and add butter.
3. Spoon pancakes mixture into the pan to form pancakes as per desired size; cook for about 2-3 minutes per side until nicely browned and cook through. Repeat with remaining batter.
4. Chop the strawberries and use to top the cooked pancakes. Drizzle with honey and enjoy!