

## Big Bad Bean Burrito

submitted by Santo91



Per serving: 295 Calories • 39.1g Carbs (14.2g Fiber) • 12.5g Fat • 10.8g Protein

### Ingredients

*Ingredients scaled to: 2 serving*

- 4 leaf outer **Lettuce** (112 grams)
- 2 tortilla **Tortillas** (48 grams)
- 1/2 cup **Salsa** (130 grams)
- 1 cup **Refried beans** (242 grams)
- 1 fruit, without skin and seed **Avocados** (136 grams)

### Directions

*Directions are based on the original recipe of 1 serving*

1. Peel & slice avocado.
2. Stir refried beans in a saucepan over medium-low heat until hot, 2 to 4 minutes.
3. Warm tortilla in a skillet over low heat until softened, 1 to 2 minutes. Transfer tortilla to a plate.
4. Layer lettuce onto tortilla. Spread warmed refried beans, avocado slices, and salsa on top of lettuce. Roll tortilla around the fillings into a burrito shape.