

Cabbage Cucumber Salad

submitted by Shamarie84



Per serving: 68 Calories • 8.5g Carbs (2.7g Fiber) • 3.5g Fat • 1.6g Protein

Ingredients

Ingredients scaled to: 4 serving

- 4 cup, chopped **Cabbage** (356 grams)
- 2 cup slices **Cucumber** (208 grams)
- 1 slice, large (1/4" thick) **Onions** (38 grams)
- 1 tbsp **Olive oil** (13.5 grams)
- 4 tbsp **Vinegar** (59.6 grams)
- 2 tbsp **Lemon juice** (30 grams)
- 1 dash **Salt** (0.40 grams)
- 1 dash **Pepper** (0.10 grams)

Directions

Directions are based on the original recipe of 4 servings

1. Cut up cabbage very small. Diced up cucumbers. Minced onion.
2. Combined cabbage, cucumber and onion in a bowl
3. Combine olive oil, vinegar, lemon juice, salt and pepper in a small bowl and mix well
4. Combine everything and toss 4 times, then serve.