

## Curry Tuna Salad

submitted by mfoland



Per serving: 113 Calories • 3.4g Carbs (0.4g Fiber) • 4.1g Fat • 16.3g Protein

### Ingredients

*Ingredients scaled to: 2 serving*

- 1 can **Tuna** (165 grams)
- 2 tbsp **Mayonnaise-like dressing** (29.4 grams)
- 2 tbsp chopped **Onions** (20 grams)
- 1/2 tsp **Salt** (3 grams)
- 1/2 tsp **Curry powder** (1 grams)

### Directions

*Directions are based on the original recipe of 2 servings*

1. Chop onions. Drain tuna. Add all ingredients together. Serve on crispbread, bread, or alone.