

## Easy Parmesan Crisps

submitted by marthsue45



Per serving: 83 Calories • 0.7g Carbs (0g Fiber) • 5.5g Fat • 7.6g Protein

### Ingredients

*Ingredients scaled to: 12 crisps*

12 tbsp **Parmesan cheese** (60 grams)

### Directions

*Directions are based on the original recipe of 12 crisps*

1. Preheat oven to 400F.
2. Place each tablespoon of shredded cheese on parchment paper or silicone lined baking sheet about 1 to 2 inches apart.
3. Bake about 3-5 minutes until edges are browned.
4. Allow to cool before serving.