

Easy Sautéed Spinach

submitted by jelaine98



Per serving: 117 Calories • 2.5g Carbs (1.4g Fiber) • 11.8g Fat • 1.9g Protein

Ingredients

Ingredients scaled to: 1 recipe

- 1 tbsp **Butter** (14.2 grams)
- 2 cup **Spinach** (60 grams)
- 1 dash **Salt** (0.40 grams)
- 5 dash **Pepper** (0.50 grams)

Directions

Directions are based on the original recipe of 1 recipe

1. Melt butter in sauté pan over medium heat; add spinach. Season with salt and pepper to taste. Sauté until just wilted, about 3-4 minutes. Enjoy!