

## Feta Cucumber Boats

submitted by nikki\_orr



Per serving: 241 Calories • 24.5g Carbs (3.2g Fiber) • 12.8g Fat • 12g Protein

### Ingredients

*Ingredients scaled to: 1 serving*

2 cucumber (8-1/4") **Cucumber** (602 grams)

2 oz **Feta cheese** (56.7 grams)

1/4 tsp **Salt** (1.5 grams)

1 tsp **Dill** (0.18 grams)

1/4 tsp **Pepper** (0.53 grams)

### Directions

*Directions are based on the original recipe of 1 serving*

1. Wash then cut the cumpers lengthwise. Carefully remove the seeds by scooping them out with a small spoon. Then, cut a small, thin strip off the bottom of the underside of the cucumber "boat" so that the cucumber half will set level, without falling over.
2. Use the other half of the cucumber and dice into 1/4 inch pieces. Combine the diced cucumbers with crumbled feta cheese, dill, salt and pepper.
3. Spoon the mixture into the cucumber boats, then slice into 1 1/2 inch pieces. Serve immediately.