

## Garlic Spinach

submitted by super\_tere



Per serving: 68 Calories • 7.2g Carbs (3.3g Fiber) • 3.5g Fat • 4.5g Protein

## Ingredients

*Ingredients scaled to: 4 serving*

1 tbsp **Butter** (14.2 grams)

6 cloves, minced **Garlic** (18 grams)

2 package (10 oz) **Spinach** (568 grams)

1 tsp **Garlic powder** (3.1 grams)

1/2 tsp **Lemon juice** (2.5 grams)

## Directions

*Directions are based on the original recipe of 4 servings*

1. Heat the butter in a skillet over medium heat. Stir in the garlic; cook and stir until the garlic is fragrant, about 2 minutes. Add the spinach a few handfuls at a time, stirring until wilted before adding more, about 5 minutes. Stir in the lemon juice, and season with garlic salt.