

Grilled Peaches with Honey

submitted by simmyras



Per serving: 60 Calories • 10g Carbs (1.1g Fiber) • 2.4g Fat • 0.7g Protein

Ingredients

Ingredients scaled to: 6 Peach

3 medium (2-2/3" dia) **Peaches** (450 grams)

1 tbsp **Olive oil** (13.5 grams)

1 tbsp **Honey** (21 grams)

Directions

Directions are based on the original recipe of 6 Peach

1. Preheat grill to high.
2. Cut peaches in half; remove pits.
3. Brush cut side of peach halves with olive oil and place on grill, cut side down.
4. Grill until golden brown and caramelized, 2 to 3 minutes.
5. Turn peach halves over and grill until slightly soft and just warmed through, about 2 minutes longer.
6. Remove from grill and drizzle with honey. Enjoy!