

Honey Strawberry Smoothie

submitted by pinku



Per serving: 282 Calories • 33.2g Carbs (3.1g Fiber) • 12.5g Fat • 10.9g Protein

Ingredients

Ingredients scaled to: 2 serving

2 cup, halves **Strawberries** (304 grams)

1 cup **Greek yogurt** (240 grams)

2 tbsp **Honey** (42 grams)

1 cup **Ice cubes** (237 grams)

Directions

Directions are based on the original recipe of 1 serving

1. Combine all ingredients in a blender and pulse until smooth. Enjoy!