

Lime Chicken Salad

submitted by AubreyBarton



Per serving: 242 Calories • 3.3g Carbs (0.7g Fiber) • 10.3g Fat • 32.5g Protein

Ingredients

Ingredients scaled to: 2 serving

2 can (5 oz) yields **Canned chicken** (250 grams)

4 tsp **Lime juice** (20 grams)

2 dash **Salt** (0.80 grams)

8 leaf, large **Lettuce** (120 grams)

Directions

Directions are based on the original recipe of 1 serving

1. Combine the chicken, lime juice, and salt (use only a squeeze of lime juice and salt to taste).
2. Arrange the bib leaves, and serve the chicken salad on top. Enjoy!