

Morning Roasted Potatoes

submitted by pege1maester



Per serving: 233 Calories • 29.8g Carbs (3.8g Fiber) • 11.7g Fat • 3.6g Protein

Ingredients

Ingredients scaled to: 4 serving

4 Potato small (1-3/4" to 2-1/2" dia) **Potato** (680 grams)

4 tbsp **Butter** (56.8 grams)

2 tsp **Rosemary** (1.4 grams)

1 dash **Salt** (0.40 grams)

1 dash **Pepper** (0.10 grams)

Directions

Directions are based on the original recipe of 4 servings

1. Preheat oven to 450 degrees F (230 degrees C). Wash and cut up potatoes.
2. In a hot skillet, melt the butter. Stir in rosemary, salt and pepper. Coat potatoes evenly with the melted butter. Arrange the potatoes in a single layer on a baking pan.
3. Bake in a preheated oven until potatoes are golden brown, approximately 20 to 25 minutes. Toss them occasionally to ensure that they brown on all sides.