

Roasted Broccoli

submitted by daemonsan



Per serving: 217 Calories • 7.7g Carbs (2.7g Fiber) • 20.6g Fat • 2.9g Protein

Ingredients

Ingredients scaled to: 2 serving

2 cup chopped **Broccoli** (182 grams)

3 tbsp **Olive oil** (40.5 grams)

1 tsp **Salt** (6 grams)

1/2 tsp **Pepper** (1.1 grams)

1 tsp **Lemon juice** (5.1 grams)

1 tsp **Garlic powder** (3.1 grams)

Directions

Directions are based on the original recipe of 2 servings

1. Preheat oven to 400 degrees F.
2. Mix broccoli with remaining ingredients.
3. Roast broccoli for about 15 minutes or until tender. Enjoy!