

## Roasted Green Beans

submitted by eEmrson00



Per serving: 122 Calories • 14.1g Carbs (5.5g Fiber) • 7.2g Fat • 3.7g Protein

### Ingredients

*Ingredients scaled to: 4 serving*

8 cup 1/2" pieces **Green beans** (800 grams)

2 tbsp **Olive oil** (27 grams)

1 tsp **Salt** (6 grams)

1/2 tsp **Pepper** (1.1 grams)

### Directions

*Directions are based on the original recipe of 4 servings*

1. Preheat oven to 400°F.
2. Wash, dry well, and trim green beans.
3. Put green beans on a small baking pan or dish and drizzle with olive oil, salt, and pepper.
4. Use your hands to be sure all the beans are evenly coated and spread them out into 1 layer.
5. Roast for 20-25 minutes, turning after 15 minutes, until beans are fairly brown in spots and somewhat shriveled.
6. Serve hot or at room temperature.