

## Strawberry, Lemon ,and Ginger Shot

submitted by DaliaTaman



Per serving: 42 Calories • 10.8g Carbs (1.8g Fiber) • 0.4g Fat • 0.8g Protein

### Ingredients

*Ingredients scaled to: 1 serving*

3 slices (1 " dia) **Ginger root** (6.6 grams)

4 tbsp **Lemon juice** (60 grams)

1/4 cup **Water** (59.2 grams)

1/2 cup, whole **Strawberries** (72 grams)

### Directions

*Directions are based on the original recipe of 1 serving*

1. Combine all ingredients in a blender and pulse until smooth. Enjoy!