

Summer Salad with Grilled Shrimp

submitted by mokia_sinhall

Per serving: 228 Calories • 19.4g Carbs (5g Fiber) • 12.3g Fat • 16.2g Protein

Ingredients

Ingredients scaled to: 2 serving

- 6 cup **Spinach** (180 grams)
- 1/4 cup, sliced **Strawberries** (41.5 grams)
- 1/2 cup, sliced **Mangos** (82.5 grams)
- 1/4 cup, sliced **Onions** (28.8 grams)
- 1/4 cup, chopped **Pecans** (27.3 grams)
- 6 oz **Shrimp** (170 grams)
- 1 tsp **Paprika** (2.1 grams)
- 1 dash **Salt** (0.40 grams)
- 1 dash **Pepper** (0.10 grams)
- 2 tbsp **Newman's own low fat balsamic vinaigrette** (30 grams)

Directions

Directions are based on the original recipe of 2 servings

1. Place the greens in a large bowl.
2. Top with strawberries, mango, red onion, and candied walnuts.
3. Season shrimp with paprika, salt, and pepper. Sauté over medium heat for 4-5 minutes until bright pink and tender before adding to the salad.
4. Serve with balsamic vinaigrette. Enjoy!