

Vegan Chocolate Tofu Mousse

submitted by Geetot



Per serving: 426 Calories • 17.6g Carbs (3.5g Fiber) • 13.7g Fat • 64.8g Protein

Ingredients

Ingredients scaled to: 2 serving

- 1 block **Tofu** (464 grams)
- 3 tbsp **Cocoa** (16.2 grams)
- 1 tbsp **Maple syrups** (20 grams)
- 4 serving **Now Foods Pea Protein**

Directions

Directions are based on the original recipe of 2 servings

1. Combine all ingredients in a blender and pulse until smooth.
2. Note: Tastes great over fresh berries!