

## Yogurt with Avocado & Basil

submitted by elm333



Per serving: 295 Calories • 16.8g Carbs (6.8g Fiber) • 15.6g Fat • 25.2g Protein

### Ingredients

*Ingredients scaled to: 2 serving*

16 oz **Nonfat greek yogurt** (453 grams)

1 fruit **Avocados** (201 grams)

10 leaf, whole **Basil** (5 grams)

### Directions

*Directions are based on the original recipe of 1 serving*

1. Top yogurt with chopped basil and avocado. Enjoy!